



## SPA TREATMENTS

### FOOT MASSAGE

A relaxing pressure-point foot massage to improve circulation, relieve fatigue, and restore balance.

**20 Minutes – R390 | 40 Minutes – R520**

### BACK, NECK & SHOULDER MASSAGE

A targeted massage to release tension, ease tight muscles, and promote immediate relaxation.

**20 Minutes – R460 | 40 Minutes – R620**

### SWEDISH FULL BODY MASSAGE

A classic full-body massage using flowing strokes to relax muscles, improve circulation, and calm the body.

**60 Minutes – R690 | 90 Minutes – R840**

### AROMATHERAPY FULL BODY MASSAGE

A soothing full-body massage with essential oils to reduce stress and restore balance.

**60 Minutes – R790 | 90 Minutes – R910**

### HOT STONE FULL BODY MASSAGE

Heated basalt stones ease muscle tension and encourage deep relaxation.

**60 Minutes – R850 | 90 Minutes – R990**

### COUPLES FULL BODY MASSAGE

A full-body massage enjoyed side by side, allowing couples to relax and unwind together.

**60 min – R1,450 | 90 min – R1,750**

### COUPLES BACK, NECK & SHOULDER MASSAGE

A focused upper-body massage for two, designed to release tension and promote shared relaxation.

**30 min – R990 | 45 min – R1,300**

## ADD ONS

### LOCALIZED HOT STONES

Targeted heat therapy to relieve deep muscle tension.

**R190**

### DUNKELD REFLEXOLOGY

A focused foot pressure treatment to support overall well-being.

**R190**

### MASSAGE CANDLE

A warm candle massage that hydrates and enhances relaxation.

**R190**



# SPA MENU

### OPERATING HOURS

Monday - Sunday  
09H00 - 16H00

### CONTACT DETAILS

Reception  
010 300 8723 / 083 683 1244

### BOOKINGS

Advance bookings are required one day prior.  
Walk-ins may be accommodated depending on availability.